

## Christine Cashen - Biography

Christine Cashen isn't just a speaker—she's a powerhouse of positivity and humor with over two decades of experience captivating audiences. Known for turning everyday moments into laugh-out-loud life lessons, Christine's refreshing insights and unmatched ability to find humor in chaos have earned her a spot among the best in the business. As a Certified Speaking Professional (CSP) and Certified Virtual Presenter, Christine is one of the elite few inducted into the National Speakers Association CPAE Speaker Hall of Fame—a testament to her mastery of both the stage and the screen. She's also an award-winning author of *The Good Stuff* and *It's YOUR Business*, must-reads for anyone seeking a dose of humor and actionable ideas. With a bachelor's degree in Communication, a master's in Adult Education, and an honorary doctorate from Central Michigan University, Christine blends intelligence with a down-to-earth charm that makes her instantly relatable. Before hitting the speaking circuit, she worked as a university admissions officer, corporate trainer, and broadcaster. And she's not just about the laughs—Christine is a cancer survivor who knows how to face life's toughest challenges with grit and grace. Offstage, she's a proud mom of two, wife to a "hottie engineer," and a true inspiration to anyone striving to live their best life.