

## Leadership Secrets of a Four-Time Olympian Ruben Gonzalez

When Ruben got started in the luge, he thought he could do it all himself. Along the way Ruben realized that he would need help. He needed coaches, sled mechanics, doctors, chiropractors, financial assistance, etc.

He needed to learn some leadership skills and create a team of people. Ruben was able to create a Dream Team and by working through his team he was able to realize his Olympic dream.

Ruben believes top leaders are trustworthy and passionate about their mission, and they have a high level of Emotional Intelligence which allows them to truly connect with their people. Those attributes make people want to follow them and fight for the leader's goals.

### Your people will learn:

- How to engage their teams.
- How to communicate effectively as a leader.
- How to use Emotional Intelligence to connect with their people.
- How to get their people to take personal responsibility for their results.
- How top leaders make quick and effective decisions.
- How to become better leaders by teaching, coaching, and mentoring their people.
- How to connect with their people in a meaningful way.
- How to achieve maximum positive impact with their teams.
- Why perfectionists have trouble leading people.
- How to use failure as a tool to become a better leader.
- Why being open about your mistakes makes you a better leader.
- How to turn success into significance.