**Vince Poscente’s Bio**

Vince Poscente is an Olympian, New York Times bestselling author, and a Hall of Fame Speaker in both Canada and the USA. Known for his high-energy, humor-filled keynotes, Vince inspires audiences to "do what the competition is not willing to do." His approach to resilience and accelerated growth has been embraced by Fortune 500 companies like Microsoft, Oracle, Southwest Airlines, and 3M plus respected franchises like McDonald’s, Orangetheory, Jack in the Box, AlphaGraphics, Jackson Hewitt, and Hampton Inns.

As the founder of Rapid Professional Development, Vince draws on his remarkable journey—from recreational skier to Olympic athlete in just four years—and his leadership in Himalayan expeditions to deliver practical strategies for achieving breakthrough results.

Author of nine books, including, *The Ant and the Elephant*, The Earthquake and The Age of Speed, Vince brings a wealth of experience. He is a self-proclaimed DIY nerd around the house and was even second chair clarinet player in his high-school band.

Whether leading teams to new heights or building confidence on command, Vince equips his audiences with tools to thrive in today’s fast-paced world while having fun along the way.