

Perform-ability How to Be your Best when it Matters Most

Throughout your life and career, you've been told to "always be at your best because every moment counts." While this may sound like good advice, it isn't really possible, or all that effective. And the truth is: Some moments count much more than others. For that reason, you must learn to be your best when it matters the most.

Dan helps an audience member achieve a breakthrough moment! Dan will explain why some individuals are excellent in practice yet fail under pressure and why others seem to naturally rise to handle critical moments with ease and excellence. This isn't an innate talent. It is an ability that can be learned and mastered. Dan calls this "Perform-Ability."

The key to being able to "perform," or deliver excellence when it matters the most, is to prepare properly and understand the mindset and methods of top performers. Dan will teach and demonstrates these elements in his signature high-impact style. Audiences will leave the session energized and ready to tackle their challenges with new tools.

Learning Objectives

As a result of attending this program, attendees will be able to:

- See themselves as performers, capable of delivering excellent results under pressure.
- Understand the three aspects of an effective performance.
- Clarify what they are trying to achieve.
- Develop strategies to succeed.
- Recognize critical moments and rise to the occasion.
- Adopt the mindset and methods of peak performers.
- Commit to ongoing learning and disciplines to aid their efforts.